

**TAMIL NADU BOARD EXAMINATION IN GENERAL NURSING
AND MIDWIFERY — SECOND YEAR**

(New Syllabus)

November / December — 2010

PAPER-III — MENTAL HEALTH AND PSYCHIATRIC NURSING

Time—Three hours

(Maximum marks: 75)

[N.B.— Answer all questions.]

Marks.

I Define the following.

5*1=5

- a. Mental health
- b. Battered child syndrome
- c. Dementia
- d. Euphoria
- e. Aversion Therapy

II Match the following

5*1=5

- | | | |
|-----------------|-----|-------------------------|
| 1. Disulfiram | --- | Compulsion to steal |
| 2. Somnambulism | --- | Reserved asocial person |
| 3. Kleptomania | --- | Antabuse |
| 4. Introvert | --- | Extremely suspicious |
| 5. Paranoid | --- | Sleep walking |

III Fill up the following

5*1=5

1. A paranoid disorder with predominal delusion of infidelity of spouse is known as _____ syndrome.
2. If the IQ is less than _____ it is considered to be mental retardation.
3. Bruxisam is otherwise called _____.
4. Unpleasant odour in the absence of a stimuli is _____.
5. _____ is defined as the treatment of emotional disorder by psychological means.

IV Choose the correct answer

5*1=5

1. The therapeutic serum level of lithium is
a. 2-2.4 mmol/ltr. b. 0.2-0.4mmol/ltr c. 0.8-1.2mmol/ltr
d. 2.5-3mmol/ltr

2. Sleep disturbance with frightening or bad dreams

- a. night terror b. nightmares c. narcolepsy d. cataplexy

3. Fear of death is

- a. Ailurophobia b. Nyctophobia c. Cynophobia
d. Thanatophobia

4. Psychosexual disorder seeking physical or psychological pain on another person

- a. Sexual masochism b. Voyeurism c. Sexual sadism d. Fetichism

5. In ECT the electric current passed is of

- a. 150 volts b. 200 volts c. 60 volts d. 110 volts

V Write short notes on any five of the following

5*5=25

1. Management of a patient with violent behaviour
2. Crisis intervention
3. Hypnotherapy
4. Psychosomatic illness.
5. Obsessive compulsive disorder.
6. Half way home

VI Answer any three of the following

3*10=30

1. Define Schizophrenia, its types, Clinical features and its management using nursing process. (10)
2. a. Define and enumerate the characteristics of defense mechanism (2)
b. Discuss the common defense mechanisms with examples. (8)
3. Enumerate the side effects and its nursing management of antipsychotic drugs. (10)
4. Explain in detail about depression (10)